

FOR IMMEDIATE RELEASE

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CONTACT PERSON

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Health Alert for Providers

Two oral antivirals, <u>Paxlovid</u> (ritonavir-boosted nirmatrelvir) and <u>molnupiravir</u>, continue to be available under Emergency Use Authorization by FDA for treating COVID-19 in outpatients with mild to moderate disease. Each drug is administered twice daily for five days.

Two Rivers Public Health Department strongly recommends use of COVID-19 antivirals in populations at higher risk for severe COVID-19 outcomes. Higher risk for severe COVID-19 outcomes is defined as an underlying medical condition or risk factor that has a published meta-analysis or systematic review or complete the CDC systematic review process. The meta-analysis or systematic review demonstrates good or strong evidence, (depending on the quality of the studies in the review or meta-analysis) for an increase in risk for at least one severe COVID-19 outcome. These populations are as follows:

- o Cancer
- o Cerebrovascular disease
- o Chronic kidney disease
- o Chronic lung diseases limited to:
 - Interstitial lung disease
 - Pulmonary embolism
 - Pulmonary hypertension
 - Bronchiectasis
 - COPD (chronic obstructive pulmonary disease)
- o Chronic liver diseases limited to:
 - Cirrhosis
 - Non-alcoholic fatty liver disease
 - Alcoholic liver disease
 - Autoimmune hepatitis
- Cystic fibrosis
- o Diabetes mellitus, type 1 and type 2
- Disabilities
 - Attention-Deficit/Hyperactivity Disorder (ADHD)
 - Cerebral Palsy
 - Congenital Malformations (Birth Defects)
 - Limitations with self-care or activities of daily living
 - Intellectual and Developmental Disabilities
 - Learning Disabilities
 - Spinal Cord Injuries
- o Heart conditions (such as heart failure, coronary artery disease, or cardiomyopathies)



- o HIV (human immunodeficiency virus)
- o Mental health disorders limited to:
 - Mood disorders, including depression
 - Schizophrenia spectrum disorders
- Neurologic conditions limited to dementia
- Obesity (BMI $\ge 30 \text{ kg/m}^2$)
- o Primary Immunodeficiencies
- o Pregnancy and recent pregnancy
- o Physical inactivity
- o Smoking, current and former
- o Solid organ or hematopoietic cell transplantation
- Tuberculosis
- Use of corticosteroids or other immunosuppressive medications

https://emergency.cdc.gov/han/2021/han00461.asp

At this time, pharmacies distributing COVID-19 antivirals are:

- USAVE Kearney 3611 2nd Ave, Kearney, NE 68847 308-455-1555
- Franklin Drug
 635 15th Ave., Franklin, NE 68939
 308-425-3004
- Fulmer U-Save Pharmacy
 1317 Hill St., Holdrege, NE 68949
 Ph: (308) 995-4401
- Gothenburg Discount Pharmacy
 902 Ave D, Gothenburg, NE, 69138
 308-537-7155

Any pharmacies interested in distributing antivirals, please contact Kraig Johnson, Emergency Response Coordinator at kjohnson@trphd.org

ABOUT TWO RIVERS PUBLIC HEALTH DEPARTMENT

Two Rivers Public Health Department engages collaborative partners, community leaders and the public to promote healthy lifestyles, provide preventative education, assure environmental quality, and create more healthy and safe communities for all who live within the district. Follow TRPHD on Facebook and Twitter @2RPHD