



FOR IMMEDIATE RELEASE

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TRPHD's COVID-19 Daily Case Update

Kearney- Two Rivers Public Health Department is reporting two new cases of COVID-19, Buffalo county residents identified as a married couple in their 20s. Both are isolating at home. The health department releases case numbers daily to inform our citizens of the prevalence of COVID-19 locally. DHHS will continue daily updates to Nebraska's cases via its new Data Dashboard at <http://dhhs.ne.gov/Pages/Coronavirus>.

People who are concerned they may have COVID-19 should self-isolate and call ahead to their primary care provider to be screened over the phone. Certain people are at higher risk of getting very sick from COVID-19 including older adults and people who have serious chronic medical conditions like heart disease, diabetes and lung disease, according to the CDC.

People in these higher-risk groups should:

- Stock up on supplies, including extra necessary medications.
- Take everyday precautions to keep space between yourself and others.
- When you go out in public, keep away from others who are sick, limit close contact and wash your hands often.
- Avoid crowds as much as possible.
- Avoid cruise travel and non-essential air travel.

If there is a COVID-19 outbreak in your community, stay home as much as possible to further reduce your risk of being exposed.

Recent data shows that the virus is also affecting younger people. A Centers for Disease Control and Prevention report said 20% of those hospitalized for COVID-19 in the U.S. were 20-44 years old.

*State and local health departments are testing and publicly reporting their cases. In the event of a discrepancy between DHHS cases and cases reported by local public health officials, data reported by the local health department should be considered the most up to date. Also, if a case is reported and it's determined the person isn't a resident of that particular county, it will be moved to the appropriate county. If it's determined a person isn't a resident of Nebraska, the case will be removed from the case count.

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DHHS opened a statewide coronavirus (COVID-19) information line to help answer general questions and share the latest information and resources with Nebraskans to help keep them informed. The number is (402) 552-6645; hours of operation are 8 a.m.-8 p.m. CST, 7 days a week.

For more information call Two Rivers Public Health Department at (888) 669-7154 or visit www.trphd.org.

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