

PARENTING

**NO FEE!**

**Incentives given for attendance! Refreshments Provided!**

**Who should attend:**Parents, newly expecting parents, caregivers, foster parents, guardians, adoptive parents and daycare providers

**Location:**

**Cozad Public Library**

**910 Meridian Ave. Cozad NE**

**Dates: MONDAY NIGHTS**

**January 6,13,20,27 February 3,10,17,24**

**Time: 6:00-8:00 p.m.**

**Registration is required!**

**How to register:**

To Register Contact: Kristi Albrecht Email:  [kristialbrecht@yahoo.com](mailto:kristialbrecht@yahoo.com)

Or text (308) 325-4707

**Presented by:  
Dawson Rooted in Relationships**

**Sponsored by: Region II Human Services;** “This activity was supported in whole or part, from state and federal funds received from the Division of Behavioral Health of the NE. Department of Health and Human Services.” **(Childcare assistance available upon approval).**

*Materials developed by Nebraska Children and Families Foundation NebraskaChildren.org*

**You’re not alone.** Sometimes it’s hard to tell what your child needs, what her behaviors mean and if you’re doing right by him. Imagine what it might feel like if you could make sense of what your child is really asking from you.

Circle of Security™ Parenting is an opportunity to join other parents just like you, for an 8-week class where you’ll learn to:

* Strengthen your relationship with your child
* Be present with your child during the best and toughest of times
* Recognize your child’s needs and make sense of his or her behavior
* Meet your child’s needs by being bigger, stronger, wiser and kind

All parents wonder if they’re getting it right.